

EXCLUSIVE: HEZEKIAH WALKER BARES HIS SOUL, PAGE 212

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Sheila Bridges

FOR EMBRACING HER UNIQUE BEAUTY As an interior designer, Sheila Bridges, 41, has led a highly visible life, producing spaces for such A-listers as former president Bill Clinton. Then in 2004 her dermatologist diagnosed her with alopecia areata, an autoimmune disease; she lost all her hair in just over a year. Bridges refused to don irritating wigs to hide her condition. "My self-esteem was not wrapped up in my hair," she says. Today she's a passionate advocate, working with the National Alopecia Areata Foundation and organizations like Bold Is Beautiful (boldisbeautiful.com). —W.L.W. ▸