

HANGING WITH ANANDA ■ THINK YOURSELF RICH

# ESSENCE

CELEBRATING 30 YEARS

## Your Hottest Summer

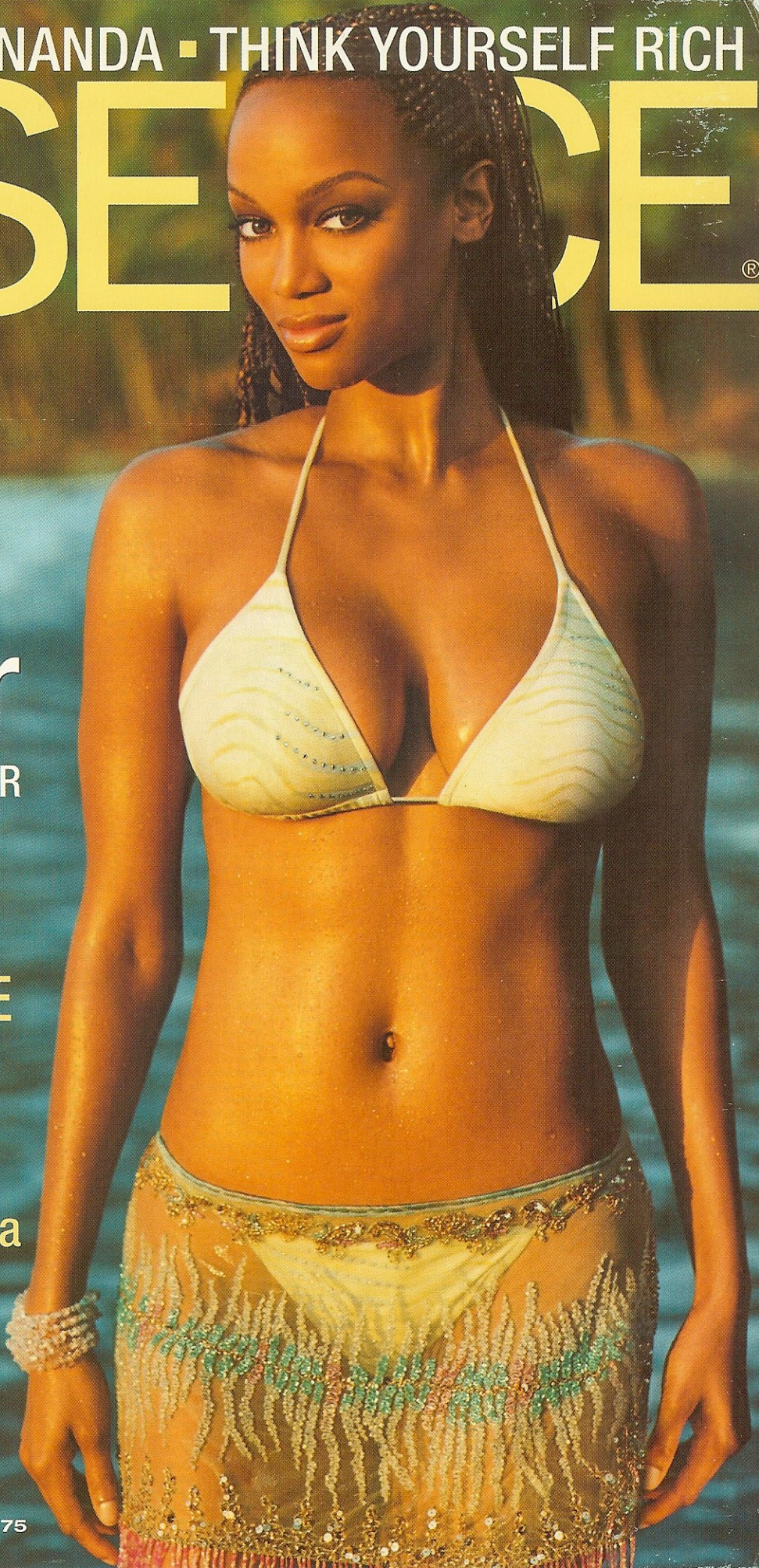
- SWIMWEAR YOU'LL WEAR
- WET HAIR THAT WORKS
- 5-MINUTE FAT BURNER

### THAT INNER VOICE

Why You Should Listen

Sex & the Single Mom

Tyra Sizzles in St. Lucia







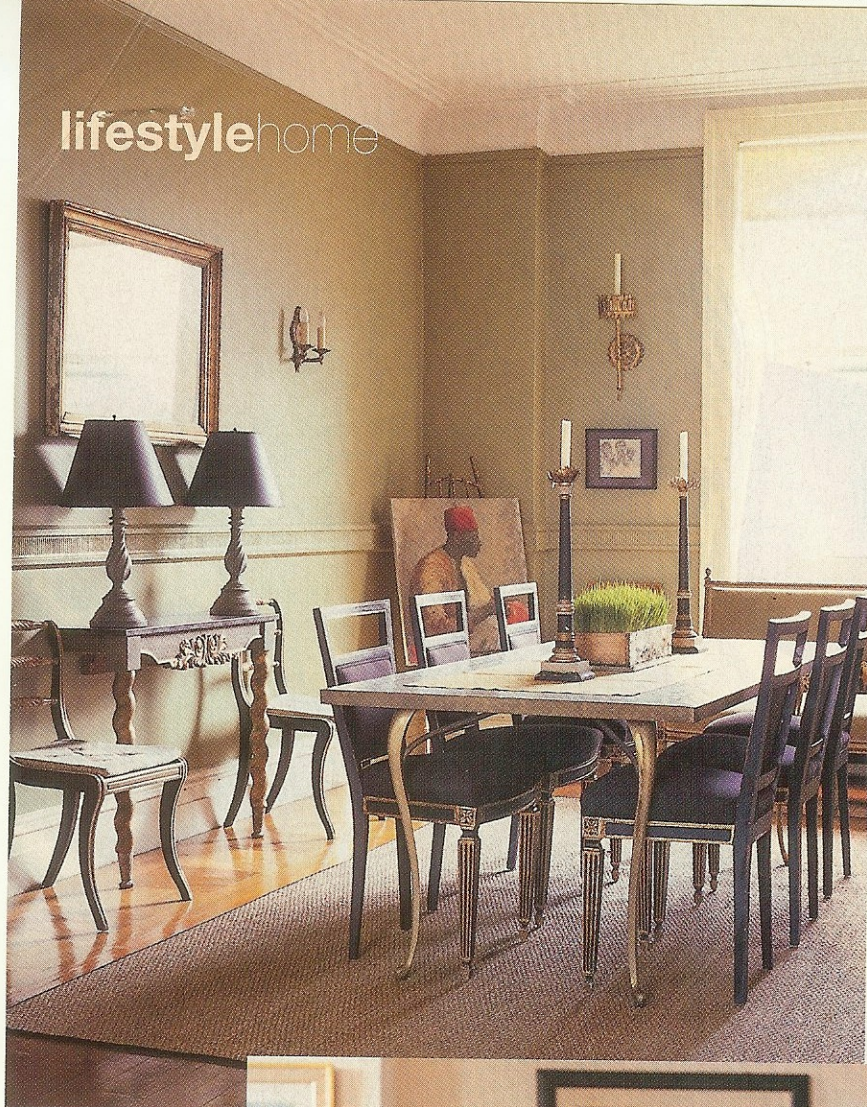
A Sheila Bridges space emphasizes classical proportion and elegant, yet comfortable, historicism. Her brand of sophistication has attracted clients as diverse as Tom Clancy, Sean "Puffy" Combs and Andre Harrell, president of Bad Boy Entertainment. All desired a more traditional style, but one that was easy, lacking in stuffiness and snobbery. "I like flea-market finds as much as I like Sotheby's," admits Bridges. "I may buy antiques on Madison Avenue or go to Paris to shop for club chairs. But I also find great things at flea markets. The best solution is not always the most costly one; it's whatever solves the design problem at hand." Concludes Bridges: "I like homes that are beautiful, but also livable and comfortable." [CONTINUED ON PAGE 138]



**Sheila Bridges** (left) in her landmark Harlem apartment; muted greens and fabrics with a slightly faded feel in the living room (above left) and softly worn Italian neoclassical chairs in the dining room (top) impart comfortable elegance. Above, spare decor—and her dog, Dolby—defer to grand proportion and architectural detail.

FLOWERS IN SHEILA BRIDGES' APARTMENT; BLOOM, NEW YORK, NY





(Clockwise from left) In the dining room, formal symmetry, classic lines and gilt blend with the practical modern sensibility of a sea-grass rug and tile-topped table; the living room is an inviting, eye-pleasing study in spherical accents and rounded edges; signature pillows adorn a lyre-backed chair; lack of ornamentation lets the simple beauty of a tulip bouquet take center stage. ■

